

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



Sault College

COURSE OUTLINE

COURSE TITLE: Skin Care Practical Lab II

CODE NO. : EST 163-6

SEMESTER: Two

PROGRAM: Esthetician

AUTHOR: Silvana Bassanello

DATE: Jan 2006 **PREVIOUS OUTLINE DATED:** N/A

APPROVED:

DEAN

DATE

TOTAL CREDITS: 6

PREREQUISITE(S): EST140 – Physiology of Skin
EST141 – Skin Care Practical Lab I

HOURS/WEEK: 6

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For additional information, please contact the Dean,
School of Health and Human Services
(705) 759-2554, Ext. 2603

I. COURSE DESCRIPTION:

This course builds on the knowledge and skills gained in Skin Care Practical Lab I. It introduces the student to the benefits and use of machines in professional skin care treatments. In particular, students will demonstrate the safe and appropriate use of the facial steamer, high frequency machines, galvanic and vacuum suction units. The student will learn to employ massage for various skin types.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Employ to safe and appropriate use of facial equipment during a facial treatment including the facial steamer, Lucas spray, magnifying lamp, brushing machine, vacuum suction unit, high frequency, galvanic current, disincrustation and iontophoresis.

Potential Elements of the Performance:

- Identify skin types, their characteristics and contraindications
- Identify skin conditions, their characteristics and contraindications
- Recognize skin conditions which are treatable
- Identify contraindications to facial equipment
- Discuss the benefits and uses of facial equipment
- Employ appropriate disinfection methods for all equipment

2. Perform a standard massage for the face and neck.

Potential Elements of the Performance:

- Demonstrate the five classic massage movements
- Describe the benefits of massage movements for specific skin types
- Identify muscles and nerve motor points of the face and neck
- Explain the benefits of massage

3. Demonstrate the proper technique for extracting comedones.

Potential Elements of the Performance:

- Identify a comedone and explain it's composition
- Employ appropriate use of facial equipment
- Preparing finger cots for a safe and sanitary procedure when extracting comedones

4. Perform a basic facial incorporating an alphahydroxy acid treatment.

Potential Elements of the Performance:

- Differentiate between a mechanical and chemical peel
- Knowledge of NatureMed product line
- Identify contraindications to chemical exfoliation
- Identify benefits chemical exfoliation for particular skin types and conditions
- Identify varieties of chemical exfoliants and their derivatives

5. Perform a basic facial for mature, sensitive and acneic skin.

Potential Elements of the Performance:

- Conduct a client consultation and skin analysis
- Identify the characteristics of mature, sensitive and acneic skins and analyze intrinsic and extrinsic factors which cause or worsen these conditions
- Employ the appropriate use of machines to benefits particular skin types and conditions
- Perform a standard massage of the face and neck
- Use of chemical exfoliation
- Apply masks suitable for particular skin types and conditions
- Demonstrate the proper procedure for extractions
- Demonstrate the proper disinfection methods for all equipment and surfaces
- Knowledge of the NatureMed product line

6. Perform a basic facial for a male client.

Potential Elements of the Performance:

- Conduct a client consultation and skin analysis
- Use of appropriate facial equipment
- Demonstrate the proper procedure for extraction
- Demonstrate a standard massage of the face and neck
- Identify common skin conditions and characteristics of men's skin
- Demonstrate proper disinfection methods of equipment and surfaces

III. TOPICS:

1. Machines
2. Massage
3. Treatment Concepts for Mature Skin
4. Treatment Concepts for Sensitive Skin
5. Treatment Concepts for Acneic Skin
6. Treatment Concepts for the Male Client
7. Alphahydroxy Acid Exfoliation Treatments
8. NatureMed Products
9. Extraction

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Same as Semester One

V. EVALUATION PROCESS/GRADING SYSTEM:

Tests and Quizzes 80 %

Professional Image 20%

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

All students must achieve a minimum of 70% in this course to receive a passing grade.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.